MAG-36 NEWSLETTER



A MESSAGE FROM THE MARINE AIRCRAFT GROUP 36 COMMANDING OFFICER

MAG-36 Families and Friends,

It is that time of year again, the MAG is preparing for one of our two cornerstone exercises. The Philippines Bilateral Exercise "Talon Vision" (PHIBLEX) begins this month and many of our Marines and Sailors are already en route. During the exercise, MAG-36 units will conduct a variety of training with our Armed Forces of the Philippines (AFP) partners. In addition to our war fighting training, we will conduct many Humanitarian Civil Assistance operations with the AFP. The intent is to improve the quality of life for the citizens of the Philippines. Building a school, providing Medical and Dental care, and community relations projects focused on school-aged children will be the highlight for many during this exercise.

Last year, the exercise turned into a full blown Disaster Relief mission after three devastating typhoons struck the Philippines. MAG-36 and MWSS-171 ceased exercise preparations and immediately task organized to provide initial response to metro Manila and the surrounding areas. Within twenty four hours of notification, the Marines and Sailors of MAG-36 and MWSS-171 were providing relief to an Estimated 2.2 million people affected by the flooding. We provided ground and air transportation of relief supplies, initiated medical and dental treatments, and conducted debris clearing operations. We are prepared for the same this year should it occur.

It is still typhoon season here on Okinawa, so I ask that you are equally prepared to withstand a typhoon while your Marine or Sailor is deployed. I also ask for your understanding as your Marine works long-hours and deploys away from home as we prepare and execute this important Exercise. Rest assured that the time spent away from loved ones will go a long way in improving the lives of others less fortunate. Your Marine should be home in time for the USMC Birthday Ball and the holiday season.

Finally, if you have any questions or concerns while your Marine is deployed to PHIBLEX please do not hesitate to contact your Family Readiness Officer. Josette Knapp will be the MAG-36 Headquarters' primary contact when we deploy. To stay better abreast of what the Marines and Sailors are up to, check out MAG-36 on Facebook and become a fan.

All the best,

Colonel Mike Brassaw
Commanding Officer, MAG-36



INSIDE THIS ISSUE: PROMOTIONS & 4 **NEW JOINS** CHAPLAIN'S 9 CORNER MEDICAL 10 **OFFICER** T-SHIRT DESIGN 12 WINNER **FAMILY** 13 READINESS **OFFICER** FOR YOUR 14 CALENDAR

SERGEANT MAJOR: READINESS IS KEY!











Readiness, Readiness, Readiness

is the mantra of our new Commanding General.

Readiness is equally important in our homes as we prepare our children for the school year. Whether it be savings for the upcoming holiday season, wills and powers of attorney for deployment prep, ensuring the Flu shot is taken!

All of those things are part of our families readiness! Get Ready 2011 is fast approaching! I hope you joined us for our "Ages and Stages" brief?

Lots of great information was given by MCCS to assist MAG-36 families in providing more tools for your parenting skills tool bag!

MAG-36 will celebrate Marine Corps 235th Birthday Celebration on Nov 19th, 2010 at the Habu Pit!

I hope to see there!

Got an idea? Send me an E-mail: Laura.Brown@usmc.mil.

MARINE CORPS BIRTHDAY BALL

You are cordially invited
to the Marine Aircraft Group 36, Personnel Support Detachment 36
Marine Corps Birthday Ball,
Friday, November 19, 2009
at the Habu Pit.

Ticket prices: Enlisted (E-5 and below) \$25, SNCO to O-3 \$35,

0-4 and above \$40

Meal choices: Beef, Chicken, Vegetable, Fish, Land and Sea (beef and fish)

Ball tickets can be purchased by contacting SSgt Dana Allison 636-5251.

THE S-1: ADMINISTRATION..HAPPY TO ASSIST!

From July - Sep 2010, Personnel Support Detachment-36 (PSD-36) Administration Department (S-1) has welcomed two new Marines as two have transitioned out. The one recent addition was Capt Duffy; he joined PSD-36 on 8 August from HMM-265 to serve as the MAG-36 Legal Officer. We also welcomed our new PSD Commanding Officer Major Nelson. He arrived 1 Sep from station, he is an island veteran and brings a wealth of manpower knowledge to bear. We look forward to his leadership and dynamic experience.

1stLt Brandon returned to his primary military occupational specialty as an Air Intelligence Officer. He is currently in Yuma, Arizona attending Marine Aviation Weapons and Tactics School (MAWTS), and then plans join Marine Medium Helicopter Squadron 262 (HMM-262) for deployment with the 31st Marine Expeditionary Unit (31st MEU) to round out his operational experiences here on Okinawa. Major Brown relinquished his duties as Administration/Manpower Officer and PSD-36 XO, executing PCS

orders to his next assignment as Southeast Asia Desk Officer, International Affairs Branch, Plans Policies and Operations Department, HOMC in the Pentagon. PFC Sims will be returning to the S-1 shop in October back from his first combat deployment to Afghanistan. He served with MEF Headquarters Group (MHG) in support of NATO Training Mission-Afghanistan. He will execute PCS orders immediately upon his return. Congratulations to LCpl Justin Olgin he was selected as a candidate for Marine Corps Special Operations Forces (MARSOF), now the real work be-

During this period, our Admin clerks processed roughly 213 administrative packages for the MAG, including PCS orders, Overseas Extensions, W95 End of Active Service orders, Request to Reside Off-Base, Exemptions to Policies, IPCOTS, Tour Conversions, and tour curtailments. Additionally, we processed 16 promotions, 39 Letters of Appreciation, 3 good conduct Medals, and 50 awards.

Please let us know if we can assist you in a any way administratively. The S-1 is always happy to assist!

What does the acronym UPFRP stand for.....

The Unit, Personal, and Family Readiness Program (UPFRP).

Who's eligible?

Anyone sworn into, born into or married into the USMC.

What does the program do for me?

- ◆ Provides Official Communication from the unit
- Provides am additional source for Information and Referral
- Encourages Personal and family Readiness and
 Deployment Support
- **♦** Volunteer Opportunities

MNG36145ZZ

Welcome to MAG 36!

THE S-2

The S-2 continues to play an active role in the daily operations of the MAG, even more so given our couple returning faces to the shop. Sgt Villanova recently returned after both serving as the Ground Training NCO for PSD-36, and also completing Sergeants course on Camp Hansen. Cpl Bauer has also returned to the shop, after working in the Commanding General's Staff Section at First Marine Aircraft Wing. Both NCOs bring a wealth of knowledge and experience to our shop and we are glad to have them back!

Meanwhile, the S-2 has received a new Marine, Sgt Vaughn who came from 1st Marine Division G-2. Sgt Vaughn was a prior combat engineer who transitioned into the intelligence field, and we are happy to leverage his "ground-side" experience as we train for the Wing Commanding General's hike in November. 2ndLt Brown, who checked in with us briefly for on-the-job training, is almost done with AIOC (Air Intelligence Officer's Course) in Dam Neck, VA and will be coming back later in the Fall. We are also

glad to say LCpl Butler will be extending on the island; she will be going to 3rd Intelligence Battalion on Camp Hansen. Along with her responsibilities there she will also be the SMP (Single Marine Program) Vice President.

With all the changing of faces, it is important not to forget all the great training and accomplishments of the Marines already here. Capt Mersek continues to provide effective guidance and oversight of the S-2 shop. and has been instrumental in planning intelligence support for both current and future operations. 2ndLt Hovey, besides fulfilling his day-today responsibilities with the S-2 and overseeing our new training plan, also participated in Ulchi Freedom Guardian, a joint military exercise. Sgt Hennessy has taken over as Substance Abuse Control Officer. which is her primary responsibility outside the S-2. Also, three of our Marines participated in a Marine Corps Martial Arts Program hosted by VMGR-152. LCpl Caffero, LCpl Herrera, and LCpl Glover all received their green belts in August. 1stLt Brandon left for the rigorous

WTI (Weapons and Tactics Instructors Course) in Arizona, but will not be alone, as he is joined by LCpl Caffero. Best of luck to them both! Last but certainly not least, our Intelligence Chief, GySgt Bernis, reenlisted in July and was awarded the Joint Service Commendation medal by Col Brassaw for his previous achievements in support of Operation Iraqi Freedom.

Overall, our shop is very excited to participate in the upcoming exercise in the Philippines and proud of all our accomplishments over the past several months. We look forward to a successful exercise and wish all the Marines at MAG 36 and their families a safe and enjoyable year's end.



CONGRATULATIONS!

Congratulations

to the following Marines on their promotions for the period of

August 1- September 30, 2010!

Capt Weaver, 1stLt Niewierowski, 1stLt Jackson,

Cpl Burton, Cpl McKinstry,

Cpl Ordinola, LCpl Gomez, LCpl Sims, LCpl Coconate, LCpl Eisenacher,

LCpl Wager, LCpl Garcia, LCpl Olgin,

LCpl Ruiz, LCpl Sherwood,

PFC Williams.

OPERATIONS: OPS NEVER STOPS!

Since the last newsletter, the S-3 has been busy preparing for another very busy exercise season while supporting 1st Marine Aircraft Wing's day-to-day operations around the world. It has been said by many that the sun never sets on 1st Marine Aircraft Wing—and they were all right! Throughout the last three months, the MAG-36 Operations Department kept busy helping VMGR-152 and MALS-36 train portions of their squadrons' personnel in preparation for support to Operation ENDURING FREEDOM in Afghanistan. In July, Operations assisted in the reception of units from 3d Marine Aircraft Wing on the West Coast. These units quickly joined the 31st MEU Aviation Combat Element as the Dragons of HMM-265 turned over the reins to the Flying Tigers of HMM-262. With Operations in the lead, MAG-36 continues to host Japanese Officers as part of the Japanese Observer Exchange Program (JOEP). We completed another very successful weeklong JOEP event in which our host nation partners were given a taste for what the Marines and Sailors of MAG-36 do every day to serve the greater interests of not only Japan, but the entire U.S. Pacific Command Area of Operations. September has marked the busiest part of the last three months with final preparation for our upcoming deployment to the Republic of the Philippines as MAG-36 takes on the roll of senior aviation command and control element for the Talon Vision/PHIBLEX Exercises. MAG-36 will receive Marines and Sailors from several other elements of 1st Marine Aircraft Wing; as well as, other portions of the III Marine Expeditionary Force writ large. All total, MAG-36 will deploy more than 1200 personnel in support of the exercise increasing our combat readiness while working with our

partners in the Philippines to train their military as well. Valuable as this training is to both the U.S. and Philippine Armed Forces, the most important missions we will accomplish are Medical and Dental Civic Action Programs, Humanitarian Assistance, and Community Relations Projects. We all look forward to our deployment in that we know that we will help forge deeper relationships with both the military and people of the Philippines. Finally, Operations has been busy preparing for two other upcoming deployments. The first is to the local island of Ie Shima for Exercise Ryukyu Warrior. The MAG-36 Headquarters will setup our Operations Center and operated in an austere environment focusing on core skills from 29 Nov - 10 Dec. The second is our other large deployment to the Kingdom of Thailand in support of Exercise Cobra Gold in February. We will have many of the same opportunities in Thailand that we do when we deploy to the Philippines—it is coming up quickly!

Personnel update: Congratulations

to 1stLt Weaver was promoted to Captain! He recently went back to join the Sumos at VMGR-152. He will be missed. We also send out Congratulations to LCpl Willingham who delivered a beautiful baby girl! The Operations Team was joined by Maj Andrew Otero, who is filling the role of our Current Operations Officer. He is coming to us

from the 3d Marine Logistics Group on Okinawa. Also joining us was Capt Kathryn Hendel who will take on the primary responsibilities of Current Readiness Officer and also the MAG-36 Information Management Officer. She recently PCS'd to the island and previously served as a Foreign Area Officer in China. Lastly, Capt William Hoek joins us from the Sumos and will fill Capt Weaver's spot as Fixed Wing Frag Officer. Welcome aboard everyone. Operations will also lose Sgt Nicholas Hiddemen, Cpl Latoya Edwards, and Cpl Andrew Lopez to another PCS season. We wish all of them the best as they transition back to the United States. Finally, we look forward to the return of the former MAG-36 Operations Officer, LtCol Woodworth who is returning from Operation Enduring Freedom. He will be the new MAG-36 Executive Officer and from what I am told the MAG-36 SCUBA Dive President— Sign me up! Until next time, the MAG-36 Operations Department wishes all of you a wonderful Fall!



S-4: LOGISTICS AND SUPPLY



The MAG 36/S-4/Armory/ Facilities Billeting/MMO/Embark/ Supply/Special Projects Section have been operating like a pack of wild dogs on a mission. The Marines as a whole come into work and put all their blood, sweat and tears into the mission at hand. It's nothing strange to see the S-4 burning the midnight oil and when that goes out. Starting bond fires to make sure that the mission is accomplished no matter how long it takes. S-4 Marines constantly get compliments on how they find ways to adjust fire when the plan at hand falls through. I guess it's safe to say that not only are we hustlers we know what we want and we will not accept "NO" for an answer.

We are currently coming to the end of a blazing summer that brought more joy and laughter to the S-4 than pain and sorrow. As of September we are getting ready to kick off PHIBLEX 11 and the tension level in the shop is so thick that you can cut it with a knife. No matter what problems that the S-4 was faced with as a shop we schemed out a plan that works best for both counter parts. Maj. Renner, MSgt Cleveland, PFC Guerrerogarcia will be leaving on the Advanced Party ISO PHIBLEX 11. They will be missed by the S-4 family, but as they go forward and do good things the rear party will be behind assisting in every way that we can.

SSgt Domann has recovered from his knee surgery and is doing well, his cast has already came off and he is walking better than before. He still has to attend Physical Therapy throughout the week to get his knee back to 100%. SSgt Domann is doing an awesome job in the barracks as the manager making sure that Marines recycle and ensuring that all Marines rooms are held to the highest standards in the Marines Corps.

Sgt McCormick is finally leaving the MAG/S-4 after being

here for almost 6 years, Sgt McCormick will be leaving Okinawa, Japan on October 3, 2010 and going to CLR-27 Camp LeJeune, North Carolina to continue his fine legacy of Embarkation in the United States Marine Corps. Sgt McCormick will be truly missed throughout the MAG, Good Luck and Semper Fi!!!!

Sgt Gubernot will be leaving the MAG also he is due to PCS 30 October 2010; he was the barracks manager for barracks 431 HMM-265. He did an outstanding job making sure that Marines were taken care of and also ensuring the maintence was taken care of on a daily basis. Sgt Gubernot's replacement is already on deck, Sgt Jenkins a hard charger from HMM-265 we are eager to see what he can bring to the table at the MAG level. LCpl Kelly and PFC Johnson have also been added to the mix from HMM-265. Guys all I can say is good luck at the MAG level you will need it.

S-4 CONT'D

LCpl Coconate is currently TAD to the 31st MEU she will be missed, but we know that she is out there handling business and making the MAG/S-4 look even better. The Marines in the Armory are starting to come together and work as a team instead of individuals. We are eager to see who will be willing to step up and take that leadership position since we have so many moving parts leaving to conduct business in another part of the globe.

LCpl Vonrueden just recently lost his cousin he was 17 years old, our prayers go out to his family. LCpl Vonrueden will be heading back home to Wisconsin to be with his family for 2 weeks and then back over to Okinawa, Japan to finish out his tour at the MAG.

CBRN

CWO Malott completed Nuclear Emergency Team Operations in Albuquerque, NM. This class is conducted by the Defense Threat Reduction Agency (DTRA) and includes training on the medical effects, response plans, detection equipment operation, contamination control, radiation surveys for nuclear incidents. Subsequently, he has been selected to come back to DTRA, in the near future, as an instructor for Nuclear Incident Command and Control.

Cpl's McKinstry and Burton were promoted to their current rank.

Cpl Burton (recently PCS'ed) was selected to attend the MARSOC selection training at Camp Lejeune, NC in January 2011.

CBRN is having a period of turnover, departed or departing are along with their future unit: Cpl Lopez, CLR-15; Cpl Burton, 3rd Bn 4th Marines; LCpl Colegrove, 2nd Bn 2nd Marines, LCpl Dockery, 1st MLG, PFC Denno, 2nd MAW.

New arrivals expected, and where they are coming from are: Cpl Stevens, 2nd Assault Amphibious Bn, and LCpl Mullis and PFC's Dahler, and Melanson are coming from the school house

CBRN is in the middle of having a new modular office/classroom built in their warehouse. This will allow for climate controlled offices and classroom, seating 50, to be utilized by CBRN as well as the whole group.



S-6: COMMUNICATIONS

The main focus for many of the Marines in the S-6 is PHIBLEX 11. The past few months S-6 Marines have been fine tuning their skills to ensure absolute preparedness as the "start ex" date arrives. Eight Marines from the S-6 will be attending the annual exercise throughout the month of October. While many are excited for the challenges exercise PHIBLEX 11 will bring, others are looking forward to their first opportunity to leave Okinawa and experience another country in Southeast Asia.

During exercise PHIBLEX 11 the Marines will be supporting the MAG-36 HQs data network to include SIPR/NIPR services and the maintaining of a helpdesk for supported users. The helpdesk will have the ability to create temporary 30-day user access accounts on SIPR/NIPR/DSTB networks and address all other concerns related to

the network.

Equally important to the preparation for the upcoming Phiblex 11 exercise is the Aviation Logistics Information Management Systems (ALIMS) Annual Inspection that will occur in November 2010. This inspection ensures that all formal desktop procedures in accordance with ALIMS protocols are being adhered to in the work space. The Marines have been taking a methodical approach to ensure mission accomplish, focusing on specific areas in order to get everything done right.

Personnel Update: SSgt Jenkins will be returning to our S-6 section after spending three months at data chiefs course located in 29 Palms, California. Sgt Elliott had a new born baby boy who is healthy and locked on. The S-6 would like to extend a warm welcome to our two newest Marines from the school house Lcpl Chavez and PVT Rodriguez. Welcome home!

Welcome Aboard
Mr. Brent Fisher!
He will be the new
Family Readiness
Officer for
MAG 36! Brent is in
the process of transitioning from the
MCCS Single Marine
Program! Watch for
good things from
Mr. Fisher!

FAREWELL AND FOLLOWING SEAS

Farewell to several of our outbound personnel for MAG 36, PSD-36

for the months of July 1, 2010 through September 30, 2010.

CPL BURTON, STEPHEN B.

SGT STONE, JOSEPH

LCPL DOCKERY, BRANDON S.

LCPL MINIJAREZ,

LCPL CASTRO, JONATHAN R.

LCPL COLEGROVE II, ORIN S.

LCPL ONTIVEROS, JEREMY

CPL DELFINO, BRADLEY

CHAPLAIN'S CORNER



Unit Marine Retreat (URM) participants

Since our last communication, MAG-36 Marines and Sailors volunteered with the AmerAsian School Sports Day Event where volunteers assisted staff and parents with 65 students in fun filled sports activities. Thirty of our Marines and Sailors also participated in a CREDO Unit Marine Retreat where they engaged in interactive exercises to build unit cohesion. Several of the Marines stated, "We were glad to have the time to interact and communicate with each other in this type of setting."

Our next community activity involves Humanitarian Assistance and Community Relation (HA/COMREL) Projects for PHIBLEX 11. It will consist of 9 exciting sites located at Calumpang, San Vicente, Northville, Sitio Monicayo, Atlu

Bola, Sapang Bato, Malbalacat Elementary Schools, San Vicente Hall and the Republic and US Cemetery. The volunteers and the Religious Ministry Team have planned a variety of activities with the assistance of our Philippine counterparts and we hope the activities will be highly beneficial. Those activities consist of the distribution of Operation Goodwill clothing, shoes, and toys for many ages and linen supplies, much needed school supplies to over 500 students with desks and chairs and office furniture for the staff, sporting equipment and educational materials. We plan to conduct minor painting, repairs and some needed lawn clean up and much interaction with the students, staff and community.

MAG-36 and the RMT are truly

grateful to all who have once again donated items and their time in the preparation of each project.

There are many more COMREL activities scheduled with our Okinawa community for December and the upcoming year. Those activities consist of tutoring with the Ameriasian School, beach clean ups, walking tours and sporting events with local schools. If you have ideas for new COMREL projects, please contact RP3 Sullivan or RPSA Hall with your suggestion at 636-3016 or email. We welcome new ideas and all participation.

So don't forget to view our next newsletter for exciting events and yes, families are welcomed to participate.

FROM THE FLIGHT SURGEON: THE FLU AND YOU!

Welcome to the medical portion of the MAG-36 newsletter. The fall newsletter contains important information regarding the upcoming flu season including reasons for vaccination, the specific virus protection, who should be vaccinated, and additional prevention measures.

The viral illness influenza has existed for thousands of years. As the human population increased and people migrated into cities and world travel became a reality, the rapid spread of flu has become a worldwide problem. Within the last 100 years there have been numerous flu outbreaks; arguably the most famous is the 1918 "Spanish" influenza pandemic which infected 1/3 of the world's population (1.6 billion in 1918) of which 50 million perished. The tragedies of millions of deaths lead to the search for vaccinations. In the 1940s an influenza vaccine became available and vaccine improvement has been instrumental in preventing the spread and deaths caused by the disease.

This year's vaccination contains protection against three viral strains: an influenza H3N2 virus, an influence B virus, and the influenza H1N1. You may recognize the H1N1, commonly known as the swine flu virus, which was the second flu vaccination during last year's flu season. Experts are convinced that last year's swine flu viral spread was significantly limited as a result of the extensive vaccination programs. The swine flu still exists and there is fear that it could indeed become a significant source of this years' flu illness. In the US this year, an estimated 200,000 people will be hospitalized and unfortunately thousands will die from the flu or flu viral complications. A yearly flu vaccination is

the most important measure you can take to prevent the flu and to prevent the spreading the flu to your loved ones.

The Center for Disease Control and Prevention (CDC) recommends everyone 6 months or older be vaccinated this season. People at high risk for flu complications include young children, pregnant women, people with chronic health condition such as asthma, diabetes, or heart disease, and people 65 or older. The vaccination is especially important to reduce their risk of severe flu illness.

Infants under 6 months are too young to be vaccinated. Thus it is highly important that parents and family members be vaccinated to prevent infants from contracting the flu.

The flu itself is a respiratory illness spread by sneezing and coughing. You can also take everyday precautions to avoid contracting or spreading the flu such as covering your nose and mouth with a tissue when you cough or sneeze, and of course disposing of the tissue. The flu virus can be spread by indirect contact. When you touch a surface that an infected person has sneezed on or touched, the viral particles can adhere to your hands. A casual nose or face touch can transfer the virus to your respiratory system. Hand washing with good old soap and water will prevent this type of disease spread.

If you do develop the flu, the best thing to do is stay home and thus break the contamination chain. This will prevent others from contracting your illness. 24 hours after your flu fever has resolved, it is acceptable to return to normal activities.

In summary, the best approach to preventing the flu illness and its serious consequences is for you and your family to be vaccinated.



FROM THE SAFETY OFFICE

Home safe home Workplace risk management techniques good for home use too

There's no place like home.

This phrase, made popular by Dorothy Gale in the 1939 film The Wizard of Oz, still holds very true today as people race through their work days in order to get to the comfort and relaxation of home. This sense of ease that the home creates, however, often opens the door to risk and dangerous situations that result in more than 10 million emergency room visits, 20 million injuries and thousands of deaths each year.

Officials at the Home
Safety Council report that the home
is the second most common location
for unintentional fatal injuries in the
United Sates, with motor vehicles
traveling on the road being first.
Carbon Monoxide poisoning, falls,
burns, sports and yard work were
listed as the causes for most of the
home related accidents.

So, how do you keep your haven from everyday stress home safe home and not a place where danger is lurking around every corner? A successful home safety plan involves many of the same risk mitigation tools people use at work every day.

—The same hazards that can hurt you at work are often present in the home so the same precautions you take at work should be taken at home—The biggest home threat that causes many injuries and deaths each year is falls, according to statistics released by the Home Safety Council. Remember to remove things like toys from high traffic areas, keep stairs well lit, wipe up water and grease spills as soon as they occur and never use a ladder without a buddy.

—Burns also account for many home injuries every year. To avoid this common danger, remember to cook with caution. Whether working on a stove or a grill, all chefs should remember to follow safety rules, move pot and pan handles out of the reach of children, keep a pan lid easily accessible to put out grease fires, never use too much lighter fluid on charcoal and never leave grills unattended. Home improvement projects, in-

cluding lawn and garden maintenance, can also lead to a variety of home injuries. With the popularity of home improvement projects growing, it is important to remember that not every project can be completed by the home owner alone. Before you start, you have to do the research and determine if the project is within your skill level. If you do start a home improvement project that includes tools, it is important to read the manual for all the tools to ensure proper operation. Also, personal protective equipment (PPE) including eye and hearing protection should always be worn while operating any kind of machinery, whether power drill, saw or lawn mower.

Keeping your home a haven from daily stresses is important especially in today's fast-paced world. Identifying home hazards and taking the steps to mitigate the risks before anything tragic happens is a good way to keep your dwelling

-home safe home.

—There is life after work but if you have an accident at home because you were rushing or cutting corners, you are taking valuable time away from your friends, family and fun. Remember, don't take shortcuts, do your research, and keep yourself safe at home.

For more information about home safety, visit

www.homesafetycouncil.org. For more

SIDEBAR/INFO BOX

- -Home Safety Checklist
- -Use bright lights at the top and bottom of stairs and make sure hallways and dark areas in the -home are well-lit at night with nightlights.
- -Install grab bars in the tub, shower and near toilets.
- -Use a rubber bath mat or non-slip strips in the tub.
- -Wipe up spills and splashed bathwater promptly.
- -All stairs and steps need handrails along both sides, secured along the full length of the stairway.
- -Keep stairs and pathways clear of clutter.
- -In homes with babies and toddlers, use baby gates at the top and bottom of stairs.
- -Check the setting of your water heater and make sure it's set no higher than 120 degrees F.
- -Install smoke alarms on each level of your home—especially in or near sleeping areas.
- -Test each smoke alarm every month by pushing the test button until you hear a loud noise.
- -Replace smoke alarm batteries with new ones at least once each year.
- -Know how to escape a fire. Find two exits out of every room – the door and possibly a window. -Choose an outside meeting place in front of the home. Practice your plan twice a year with all members of the family.
- -Stay in the kitchen while food is cooking on the stove.
- -Make sure an adult is in the room constantly while a candle is burning.

FROM THE SAFETY OFFICE CONT'D

- -Be sure to lock matches and lighters away from children.
- -Look around your home—under the sink, in the garage—for cleaning products and automotive fluids that say —Caution, —Warning or —Danger on the label. Store these away from food, in locked cabinets out of sight and reach of children.
- -Carbon monoxide (CO) is a poison you can't see, smell or taste. CO is produced by fuel-burning appliances and equipment in your home. These need proper maintenance for safe use. Also install a carbon monoxide detector to alert you if the CO level becomes unsafe.
- -Install child locks on all cabinets especially where potentially harmful items are stored

- -Be sure cleaning products and other household substances have child-resistant closures.
- -Keep all medicines and vitamins in original containers in a secure area—away from children.
- -Store dangerous chemicals such as pesticides, automotive fluids and paint thinner in a secure locked cabinet.
- -Always store gasoline in an approved container.

Source: www.homesafetycouncil.org



S-5

Congratulations to GySgt Jefferson for

designing the winning t-shirt for the Phiblex T-shirt design contest.

The intent behind selling the shirts is to garner funds from others outside of Marine Aircraft Group 36.

Funds from the purchase of the t-shirts will be put toward the unit

Marine Corps Ball on

November 19.

Capt Duffy is the new S-5 Officer.

The S-5 has been busy behind the scenes turning over.

Capt Duffy recently purchased a gift for the

Marine Aircraft Group 36 Commanding Officer to present to his counter part in the Republic of the Philippines while in country.

Additionally, framed photos were purchased and will be presented to other units supporting the Phiblex exercise.

Way to go S-5!

FROM THE FAMILY READINESS OFFICER: FAREWELL

Dear Marine's, Sailors, and Family Members,

It's been my honor and pleasure serving as Family Readiness Officer (FRO) for Marine Aircraft Group 36 (MAG-36) and Personnel Support Detachment 36 (PSD-36).

Over the years, my family and I have lived all over the globe, met wonderful people and have created many incredible memories of life in the Marine Corps.

As my Marine's retirement rapidly approaches, I am filled with a variety of emotions: thrilled that my Marine will no longer deploy, excited about the new chapter of life, looking forward to seeing my family on a more regular basis, and

recognizing the angst and excitement of the unknown.

As I reflect on the last 18 months as FRO for MAG-36 and PSD-36. I realize just how much I've loved working here. I'm proud to have worked on the roll out of a new USMC program. I've enjoyed educating unit members and families on the Unit, Personal, and Family Readiness Program (UPFRP), assisting with Family Care Plans, deployment support, providing official communication, and resource information. I especially enjoyed the outreach events; the Beach Bash, the Annual Chili Cook-off, the FRO Road Show, December Holiday party, Decorating the Barracks for the holidays, Ages and Stages Seminar, Skoshi Bites- even the nicknames "FRO-zette" and "Josie Frozie"! It's just been so much fun!

Thank you for all the support you've given me as your unit "FRO-tivator"! My last day at the office will be Friday, October 29.

I hope you will continue to enjoy the adventure of the Marine Corps lifestyle as much as I have. Next time you hear a "click- clack" in the hallway, think of me for just a minute, then know that the high heel sound will be the new Family Readiness Officer.

Goodbye

Stay well and stay safe! Farewell MAG 36!

Josette Knapp

MARINES DOING MARINE THINGS





IMPORTANT POINTS OF CONTACT

◆ Family Readiness Officer: Phone - 636-2216

Cell Phone - 090-9593-6267

◆ Deputy Family Readiness Officer: Phone: 636–3020

♦ Chaplain's Office: Phone - 636-3016

♦ Duty Chaplain: Phone - 636-3100

♦ HQS-36 GDO: Cell Phone - 090-6861-4884

◆ American Red Cross: 645-3800 Duty Hours & After Hours

◆ Counseling & Advocacy Program: 645-2915, 2916 or 2918

◆ Marine Corps Family Team Building: 645-3689

♦ Navy Marine Corps Relief Soci-

ety: 645-7808

♦ Legal (LSSS): 645-7144

◆ Personal Services Center: 645-2104 or 2106

◆ School Liaison Officer: 645-8159

◆ Tricare Office: 643-7539 or 7601

♦ WIC Overseas Program: 645-9426



DATES FOR YOUR CALENDAR

October

Romantic Comedy Movie Night, Date Night, Monday, October 11 at 7PM

Location: The Camp Foster Theater

PHIBLEX exercise October 14-22

Off-island

Couples Communication & Four lenses Workshop, Friday, October 15 0900-1500

Location: Camp Courtney, Bldg. 4408

November

U.S. Marine Corps Birthday, November 10

Veterans Day, Thursday, November 11

MAG 36, PSD 36 Birthday Ball Celebration, November 19

Location: The Habu Pit

Thanksgiving Turkey Cook-off, Thursday, November 25

Location: Barracks #460 . Stay tuned for details!

December

MAG-36, PSD-36 Holiday Party, Friday, December 17

Time and venue to be announced.

